



Métis Settlements Life Skills Journey Program **Youth Participant Information and Registration for Gift Lake Metis Settlement**

Background

The Métis Settlements Life Skills Journey (MSLSJ) program is a community-led life skills program that was developed by a Buffalo Lake Métis Settlement advisory committee and University of Alberta partners.

Purpose

The goal of the MSLSJ program is to build resiliency among youth by teaching them about self-esteem, communication, and respect for differences. We will also teach children how to be positive community members, say no to peer pressure, stand up to bullies, and deal with grief in healthy ways.

Possible Benefits

Your child may learn skills that help them make good choices regarding substance abuse and bullying, etc.

Possible Risks

Your child may talk about issues/problems in their life. We will provide phone numbers of professionals or people in the community who can help if needed.

Voluntary Participation

All participation is voluntary. If you allow your child to take part, you or your child can change your mind at any time.

Parent or Guardian: Remove this portion of the form to keep for your records.

Dear Parents/Guardians,

Important Life Skills Journey update:

Life Skills Journey is now in the settlement year-round, which means we will have after school year-round programming. This programming will continue in the summer and this means that there will be NO LIFE SKILLS SUMMER CAMP. This change comes from our choice to have year-round programs rather than a 2-week camp. We will have programming every Tuesday, Wednesday, Thursday.

After School Programs will start on MARCH 17, 2020

If you have any questions please contact the Life Skills office at (587) 643-3239

Tuesdays: 3:30-5, 5:30-7 for ages 7-10

Wednesdays: 3:30-5 for ages 11-14

Thursdays: 5-6:30 for ages 15-21+

Please keep an eye out for each month's calendar for all activities at the Youth Center.

**Métis Settlements Life Skills Journey Program 2020
Registration- for GLMS**

PARTICIPANT INFORMATION

Participant (the Child):	LAST NAME	FIRST NAME	
BIRTHDATE (MM/DD/YYYY)		HEALTH CARE NUMBER	
Participant (the Child):	LAST NAME	FIRST NAME	
BIRTHDATE (MM/DD/YYYY)		HEALTH CARE NUMBER	
Participant (the Child):	LAST NAME	FIRST NAME	
BIRTHDATE (MM/DD/YYYY)		HEALTH CARE NUMBER	
Participant (the Child):	LAST NAME	FIRST NAME	
BIRTHDATE (MM/DD/YYYY)		HEALTH CARE NUMBER	
Parent/Guardian(s):	LAST NAME	FIRST NAME	PHONE NUMBER
Please provide EMAIL to be added to email list regarding programming	EMAIL		
Emergency Contact:	LAST NAME	FIRST NAME	PHONE NUMBER
ADDRESS			
CITY		PROVINCE	POSTAL CODE
MAIN SOURCE OF TRANSPORTATION TO/FROM YOUTH CENTER ✓	PARENT/GUARDIAN DROP OFF/PICK UP	BUS	WALKING
			BICYCLE
			OTHER

IMPORTANT MEDICAL INFORMATION

Please list allergies, medical concerns, and food restrictions. Is your child taking any medication and does it require any specific arrangements to be taken? To help us prepare for your child it is important to know if your child has any special needs.

PARENTAL/GUARDIAN AGREEMENT AND ACKNOWLEDGEMENT

Please check ONE of the following:

- I give permission to use my child’s photograph on the program website/social media or in program information.
- I **do not** want my child’s photograph used on program website/social media or in program information.

Please check ONE of the following:

- I give permission for my children to attend field trips such as, but not limited to, visits to a lake, a farm with various animals, a forested area, and/or a community walk.
- I **do not** want my children attending field trips.

RULES

The parent/guardian and the child agree:

To follow all the instructions and rules of the program.

To respect the disciplinary actions of the program facilitators.

Gift Lake Metis Settlement is not responsible for any injuries, or any damages, lost or stolen items.

I have read and understood the content of this form and consent to my child’s participation in the program.

Signature of Parent or Guardian

Printed Name of Parent or Guardian

Date

AFTER COMPLETING THIS FORM, PLEASE RETURN TO YOUTH LIFE SKILLS COORDINATOR WITH GIFT LAKE MÉTIS SETTLEMENT
